

Sparkbrook

**Children's
Zone**



SEND Information

Supporting children and families to live happy, healthy lives.

October 2024 V1



INTRODUCTION

What is Sparkbrook Children's Zone?

Our Doctors, Nurse and Family Support Team help children and families to lead happy, healthy lives. We offer clinics, advice and outreach activities across Balsall Heath, Sparkbrook and Sparkhill.

Children and young people, aged 0 to 16, can get a booked appointment from their GP to see a children's nurse and a doctor, and the whole family is able to receive support from Early Help.

Who is this booklet for?

We know that having a child with SEND needs can bring different challenges and needs. This booklet is for anyone who would like to know about local services which support children with SEND needs.



FAMILY HUBS & CHILDREN'S CENTRE'S

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St Paul's Trust

stpaulstrust.org.uk/st-pauls-childrens-centres/
bchnt.bfs-balsallheathcc@nhs.net
0121 464 6349

Springfield

springfieldproject.org.uk/childrenscentre/Claremont Road
bchnt.bfs-springfieldcc@nhs.net
0121 777 2722

YOUTH CENTRE'S

Concord Youth Centre

Social Media: [@Concord.youth.centre](https://www.instagram.com/Concord.youth.centre) 01216758882
Claremont Road, Sparkbrook, Birmingham, B11 1LF

All Saints Youth Project

allsaintsyouthproject.org.uk 0121 443 1842
2a Vicarage Rd, King's Heath, Birmingham B14 7RA, UK

GENERAL SEND SERVICES

SEND Birmingham

Birmingham City Council's local offer. They offer the following & more:

Children and Young People:

- Education Health and Care Plans
- Things to do
- Preparing for Adulthood

Parents and Carers:

- Early Years Support
- Children With Disabilities
- Help in your area

localofferbirmingham.co.uk/



SENDIASS

Birmingham SENDIASS is free, confidential, and unbiased advice to help you to understand and challenge local authority decisions, as well as helping you to decide which offer will suit your needs best.

localofferbirmingham.co.uk/send-support-and-information-2/sendiaas/

Parent Carer Forum

A parent carer forum is a group of parents and carers of disabled children. Their aim is to make sure the services in their area meet the needs of disabled children and their families.

birminghampcf.org

GENERAL SEND SERVICES

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Autism West Midlands

Provides information, events, and resources for those with autism, and those supporting loved ones with autism.

autismwestmidlands.org.uk/

autism
west midlands

Birmingham Community Healthcare SLT and SEND Support

Support Children and Young People with Speech Language and Communication Needs (SLCN).

bhamcommunity.nhs.uk/childrens-slt-send-support/

NHS

Birmingham Community Healthcare Paediatric Occupational Therapy

Support children who need extra help to carry out activities but are prevented from doing so due to inability.

bhamcommunity.nhs.uk/paediatric-occupational-therapy/

NHS

HEALTH + WELLBEING SERVICES

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Health Visitor

The contact number for your health visitor is in the front of your child's red book. Follow the link below and type in your postcode which will direct you to your nearest Health Visiting Team.

bhamforwardsteps.co.uk/services/

Sparkbrook Children's Zone

We can support you with all aspects of your child's needs whether medical or social. Look at our website below to find out more information.

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sparkbrookchildrenszone.org.uk

Hall Green Families Early Help

Early Help focuses on building on a family's strengths and interests and offers positive, practical support to help manage difficult issues and challenges. Support can also involve connecting people to local services.



hallgreencommunities.org.uk/about/families-and-early-help/

HEALTH + WELLBEING SERVICES

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Stay and Play

Local Children's Centres host Stay and Play sessions where you and your child can come and meet other parents and engage in organised play.

Speak to your nearest centre for advice.

Family Equip

Support families with emotional and behavioural issues in the West Midlands. They host clubs, workshops, and provide resources.

familyequip.co.uk/

KIDS Family Group

Specific support group for 0-5's with additional needs, and their families. Includes play areas and workshops.

kids.org.uk/

HEALTH + WELLBEING SERVICES

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Healthier Together

The Healthier Together app and website offer helpful advice to let you know when to worry about your child, and where they should be seen.

what0-18.nhs.uk



Dentist

To register with a nearby dentist, search your postcode in the link below. Register in person at one of the dentists that accept children.

nhs.uk/service-search/find-a-dentist

Pause

Helps those who need someone to talk to and offer emotional wellbeing support. Pause helps anyone under 25 with a Birmingham GP.

forwardthinkingbirmingham.nhs.uk/pause
or call 0207 841 4470.

HEALTH + WELLBEING SERVICES

ERIC UK

Offer support and advice with potty training, constipation, toileting anxiety and much more. There is also specific advice for children with autism and other additional SEND needs.

eric.org.uk/



Bladder and Bowel UK

Resources and information to support bladder and bowel health, and provide help specifically towards those with autism and other additional needs.

bbuk.org.uk/



Startwell

Uses characters to promote healthy eating and lifestyle messages for parents.

startwellbirmingham.co.uk/



Birmingham Community Healthcare Children's Nutrition and Dietetic Services

Provide a range of services for children struggling with obesity, malnutrition, and more.



bhamcommunity.nhs.uk/childrens-nutrition-services/

NHS SUPPORTED WEBINARS

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Children who are fussy eaters

patientwebinars.co.uk/condition/fussy-eating-in-children/webinars/

Children with Food Allergies

patientwebinars.co.uk/condition/food-allergy-in-children/webinars/

Weight management for children with additional needs Part 1

tinyurl.com/fr2dpvzd

Weight management for children with additional needs Part 2

tinyurl.com/r2bc99hv

Goal Setting Part 1

tinyurl.com/c89nn2dm

Goal Setting Part 2

tinyurl.com/4efa889w

DEVELOPMENT RESOURCES

BBC Tiny Happy People

Helps develop children's speech and language skills.

bbc.co.uk/tiny-happy-people

Mr Tumble - BBC iPlayer

Uses Makaton sign language to help children with their communication through songs and activities.

bbc.co.uk/iplayer/episodes/p07ctlr6/mr-tumble

Time for School - CBeebies

Positive documentary series showing children preparing for their first day of school, and the adventures that take place in the day.

bbc.co.uk/cbeebies/shows/time-for-school

BBC Bitesize

Online study support for learners aged 3-16+, designed to help with learning.

bbc.co.uk/bitesize

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Email: scz@greensquareaccord.co.uk
Website: sparkbrookchildrenszone.org.uk

