

# What's on Schedule

## Family Hub - Springfield Project

### Monday

**PHP**  
Promoting Happier  
Parenting

9:30-11:30am  
Sapna & Bina

**Startwell**  
Stay & Play

1:00-2:30pm  
Hall Green United  
Church, B28 8TE

Hazara

**Butterflies**  
SEND Stay & Play

1:15-2:45pm  
Park Road Nursery  
B11 4HB  
Helen

### Tuesday

**Seedlings**  
Stay & Play

£1 per family  
9:30-11:00am

**Toddler Talk**  
Speech & Language  
1:00-2:30pm  
Nazma

### Wednesday

**Seedlings**  
Stay & Play

£1 per family  
9:30-11:00am

**School Readiness**  
Stay & Play

(Referral only)  
Park Road Nursery  
Park Road  
B11 4HB  
1:15-2:45pm  
Avinash

### Thursday

**Seedlings**  
Stay & Play  
£1 per family  
9:30-11:00am

**KIDS Group**  
Referral only  
For children with SEND  
9:30-11:30am

**Cooking Group**  
12:00-2:00pm  
Fiona

**Sollhull Approach**  
(Antenatal Session)  
1:00-2:30pm  
Hasmita

**Place of Welcome**  
1:30-3:30pm  
Fiona

**Creative English**  
12:30-2:30pm  
Saira

### Friday

**Creative English**  
9:30-11:30am  
Saira

# What's on Schedule

Family Hub - St Paul's Trust

Monday

**Creative English**

9:30-11:30am

Saira

**Little Explorer  
Stay & Play**

(Referral only)

12:45-2:30pm

Bibi

**Housing & Benefit  
Advice Support**

12:00-2:00pm

(Appointment only)

MECC Trust

Tuesday

**PHP**

**Promoting Happier**

**Parenting**

Jakeman Nursery School

Jakeman Road

B12 9NX

12:45-2:40pm

Razwana & Naheed

**Solihull**

**Approach**

(Antenatal Session)

1:00-3:00pm

Rukhsana

Wednesday

**Harmony**

(Wellbeing Session)

12:45-2:45pm

Uzma & Naheed

**Startwell**

**Stay & Play**

(Referral only)

Conway Community Room

Conway Road,

B11 1NS

9:30-11:00am

Shahnaz

Thursday

**Toddler Talk**

**Speech & Language**

10:00-11:30am

Nazma

**Stepping Stones**

**Stay & Play**

(Referral only)

1:00-2:30pm

Wahida & Hazara

**Tiny Farmers Club**

(£5 per child,

£4 for siblings)

10:30-12:00pm

Hywel

Friday

**Speech &**

**Language Drop-in**

(Referral only)

9:00-12:00pm

Health Visitors

# Service & Activi

## Startwell Stay & Play \*Referral only\*

The aim is to support families to learn about 8 Startwell key characters and messages, and how to introduce these messages into their daily routines. Such as Healthy eating and healthy snacks, Being active and Oral health.

## Toddler Talk (Age 18 months-3 years)

8 Week programme learning fun and simple activities to support your child's communication and language development and provide parents/carers with confidence and activity ideas to support their little ones communication at home. Educating parents on developmental milestones

## KIDS Groups - \*Referral only\* (Age 0-5 years)

Sensory stay and play group for children with SEND, fun messy play

## School Readiness

The aim is to support families to ensure their child is ready to learn and develop their confidence, independence, language and social skills. By developing these skills children are on track to make a great start to School. This stay and play is for families with children between the ages of 18 months and 3 and a half years.

## Talking Together

The aim is to support children and families in communication and language skills through activities to give children the opportunity in gaining the skills to understand, express thoughts, feelings, and information.

## Making it REAL (Raising Early Achievement in Literacy)

Do you want support to build your knowledge and confidence around your child's:

- Reading and writing
- Language and Communication
- Creating a positive early home learning environment

If so:

Through home visits and exciting events, our staff can work in partnership to support and encourage you with these areas of learning.

**To register your interest please contact your Family Hub!**



## Parenting Courses Information

### Family Foundations

**Who it is for:** Expecting parents/ carers around 20 weeks pregnant onwards

**Course length:** 7- sessions - 4 weeks prenatal & 3 postnatal where parents bring baby along



### Approachable Parenting

**Who it is for:** Pregnancy to 3 year old child

**Course length:** 8-week programme – 2 hour sessions

### Solihull Approach—Antenatal

**Who it is for:** from conception up to birth

**Course length:** 5 weeks



Use QR code for more info!

### BAP (Being a Parent)

**Who it is for:** Parents and carers with children aged 2-11 years

**Course length:** 8-week programme – 2 hour sessions



### Baby and Us

**Who it is for:** Parents and carers with children up to 1 years

**Course length:** 8 - week programme – 2 hour sessions

